# Toronto, ON Sunday, July 21

BAPS Complex, 61 Claireville Drive, Toronto Registration: 8:30am BAPScharities.org/Walk19Toronto

# Scarborough, ON Saturday, Aug 10

**BAPS** Complex 1840 Birchmount Road Registration: 9:30am BAPScharities.org/Walk19Scarborough

# Ottawa, ON Saturday, Sept 7

City Hall, 110 Laurier Ave. W Registration: 11:00am BAPScharities.org/Walk19Ottawa

# Winnipeg, MB Saturday, July 20

Pembina Trail Library 2724 Pembina Hwy Registration: 9:30am BAPScharities.org/Walk19Winnipeg

# Regina, SK Saturday, July 13

Jim Cairns Park 4712 Glass St. Registration: 10:00am BAPScharities.org/Walk19Regina

# Calgary, AB Sunday, July 21

Bowness Park, Picnic Site 5 8900 48 Ave NW Registration: 1:00pm BAPScharities.org/Walk19Calgary

# Cambridge, ON Saturday, July 13

**BAPS** Complex 333 Speedsville Road Registration: 10:00am BAPScharities.org/Walk19Cambridge

## Vancouver, BC Sunday, July 14

Bear Creek Park, 88 Ave., Surrey Registration: 10:00am BAPScharities.org/Walk19Vancouver

# Brandon, MB Sunday, Aug 11

Earl Oxford School 540 18th St. Registration: 10:00am BAPScharities.org/Walk19Brandon

# Saskatoon, SK Sunday, July 21

H.S. Of Saskatchewan 107 La Ronge Road Registration: 10:00am BAPScharities.org/Walk19Saskatoon

## Edmonton, AB Sunday, July 21

Blue Quill Community League Hall 11304 25 Ave NW Registration: 10:00am BAPScharities.org/Walk19Edmonton

# **Walk Beneficiaries**

BAPS Charities serves globally by acting locally. This Walk will support efforts to strengthen the work of the following beneficiaries and BAPS Charities activities.

National Walk Beneficiary



#### OUNDATION

Brampton Civic Hospital Etobicoke General Hospital Peel Memorial Centre

www.williamoslerhs.ca

Regional Walk Beneficiaries

Ontario

British Columbia



www.shn.ca

SURREY HOSPITAL FOUNDATION Scarborough Health Network

www.surreyhospitalfoundation.com

Manitoba

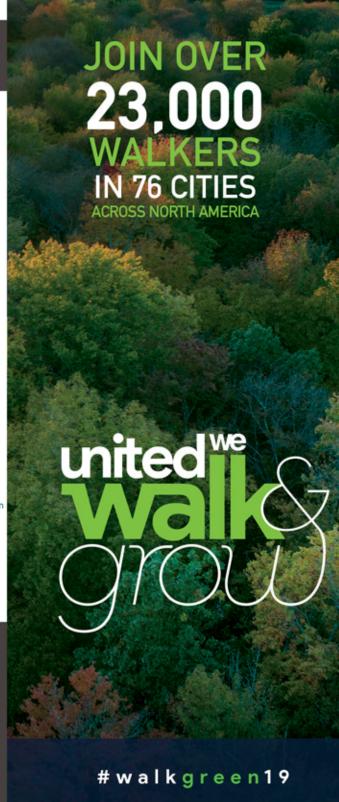


www.TheVicFoundation.ca

Regional Head Office:



61 Claireville Drive Toronto, ON M9W 5Z7 info.ca@bapscharities.org | www.bapscharities.org Charity No.: 86401 5441 RR0001





## Trees are essential to...

- · reducing the greenhouse effect
- producing clean air
- · providing food
- · cooling cities and streets
- generating oxygen
- preserving natural habitats

## Walk Green 2019 Impact

**BAPS Charities Centres in Canada** will continue their Tree Planting and other environmental initiatives across the country.

**BAPS Charities Centres in America** with The Nature Conservancy (TNC) will have planted 361,000 trees under the Plant a Billion Trees initiative by the end of 2019.

361,000 Trees in 4 years

2016 | 2017 | 2018 | 2019



BAPS Charities is an international charitable organization that inspires individuals to serve their neighbours and communities. It harnesses the efforts and spirit of volunteers collective around the world to serve individuals. families. and communities

BAPS Charities aims to express a spirit of selfless service through the five key areas shown below.

## **Humanitarian Relief**

- Immediate relief distribution
- · Emergency medical aid
- Long-term socio-economic assistance
- · Partnering with local NGOs

- Yoga and Pranayam Sessions
- Blood and Bone Marrow Drives

## Health & Wellness

- Health Fairs and Seminars
- Hospitals and Mobile Units

## **Educational Services**

- Parent/Child Communications
- Career counselling for youths
- Summer Camps
- Schools in rural areas

**Environmental Sustainability** 

Environmental Awareness Drives

· Rain water harvesting projects

Recycling Projects

Tree Planting

## Community Empowerment

- . Empowering Women and Youth
- · Care for the Elderly
- Walkathons
- · Food and Clothing Drives



## Join the Walk

Be part of the team that builds awareness of environmental protection. As a walker, you have the opportunity to share your passion with others.

## Become a fundraiser

Join the cause and create a fundraising page.

#### Donate

Support a participant and his or her commitment to service. See links at the back.

## Corporate contributions

A contribution from your company or small business is an investment in your community, the environment, and the spirit of volunteerism.



For more information:

BAPSCharities.org/Canada



