



# 16<sup>th</sup> Annual Health Fair

Saturday, September 10<sup>th</sup>, 2016 | 8:00 am - 4:00 pm

(Last walk-in registration at 1:00 pm | Adults: \$30 • Children under 18: \$1)



## Online Pre-Registration

[www.bapscharities.org/hf2016houston](http://www.bapscharities.org/hf2016houston)

(Adults only | Children's registration on-site only)

## On-Site Pre-Registration

(Guest Dining Hall)

Sunday, August 21<sup>st</sup> - 7:30 pm - 8:30 pm

Sunday, August 28<sup>th</sup> - 7:30 pm - 8:30 pm

Sunday, September 4<sup>th</sup> - 7:30 pm - 8:30 pm

## Results & Consultation

**Results & Consultation** - Sunday, Sep 18<sup>th</sup> - 7:30 pm - 8:30 pm (Yogi Youth Center/Gym)

**Consultation Only** - Sunday, Sep 25<sup>th</sup> - 7:30 pm - 8:30 pm (Boy's Wing)

## VENUE

BAPS Shri Swaminarayan Mandir - Houston  
1150 Brand Lane • Stafford • TX 77477  
houstonhealthfair@gmail.com • 281.765.2277 x2001

BAPS Charities works with the vision that every individual deserves the right to a peaceful, dignified and healthy way of life. And by improving the quality of life of the individual, we are bettering families, communities, our world and our future.

Register Online at - [www.bapscharities.org/hf2016houston](http://www.bapscharities.org/hf2016houston)

## EVENT REGISTRATION

Adults: \$30 | Children under 18: \$1  
(Required for Blood Analysis and Consultations)

**Executive Blood Analysis (Adults Only)**  
(CBC, CMP, Lipid Panel, TSH, Blood Glucose, Hemoglobin A1c, Liver function etc.)

**Health Consultations**  
(Limited slots available, please prioritize your visits)

Primary Care Internist (General Health)	Heart Disease Risk Awareness Workshop	Diabetes Risk Awareness Workshop	Dental
ENT Specialist (Ear, Nose & Throat)	Hearing Test	Orthopedics (Bone, Joints, Spine)	Gynecologist (Women's Health)
Pediatrician (Children's Health)	Prostate (Requires General Physical First)	Dermatologist (Skin)	Ophthalmologist (Vision)

## PAYMENT METHODS

Online Registration: Credit Card only  
Onsite Registration: Cash, Check, Credit Card

## Public Health Awareness Lectures with a focus on Healthy You

(9:15 am- 4:00 pm - Narayan Sabha Hall)

FOCUS ON	TOPIC
Common Health Conditions	Anemia
Common Health Conditions	Dental Health
Digestive Health	What Is Your Gut Feeling? (Smoothie session)
Heart Health	Interactive Session On Heart Health
Mental Health	Stress Management
Prevention	Adult Vaccination
Prevention	Cancer Prevention
Integrative Health	Yoga, A Healthy Practice For A Wholesome Life

## ADDITIONAL HEALTH SCREENINGS

Offered directly by external providers at an additional cost  
Details will be available during the event